

CHAPTER 10

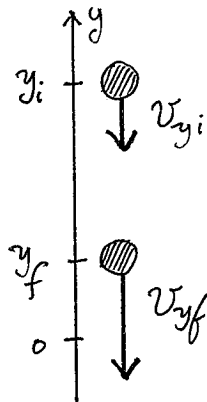
* Energy as "natural money".

10.2 Kinetic Energy and Gravitational Potential Energy

Consider an object in free fall.

$$v_{yf}^2 = v_{yi}^2 - 2g(y_f - y_i)$$

$$\underbrace{v_{yf}^2 + 2gy_f}_{\text{Before}} = \underbrace{v_{yi}^2 + 2gy_i}_{\text{After}}$$



* For free fall $\boxed{v^2 + 2gy}$ is a conserved quantity.

* To generalize for any kind of motion, use Newton's Laws:

$$F_{\text{net},y} = ma_y = m \frac{dv_y}{dt} \quad \text{and} \quad F_{\text{net},y} = -mg$$

$$-mg = m \frac{dv_y}{dt} = m \frac{dv_y}{dy} \frac{dy}{dt} \rightarrow \text{Chain Rule for differentiation.}$$

$\underbrace{\frac{dy}{dt}}_{=v_y}$

$$-mg = m v_y \frac{dv_y}{dy} \quad \text{Multiply both sides by } dy$$

$$-mg dy = m v_y dv_y \quad \text{Now integrate both sides}$$

$$-mg \int_{y_i}^{y_f} dy = m \int_{v_i}^{v_f} v_y dv_y$$

$$-mg y_f + mg y_i = m \frac{v_{yf}^2}{2} - m \frac{v_{yi}^2}{2}$$

$$\boxed{\frac{1}{2} m v_{yi}^2 + mg y_i = \frac{1}{2} m v_{yf}^2 + mg y_f}$$

Definition: Kinetic Energy: $K = \frac{1}{2} m v^2$

Definition: Gravitational Potential Energy: $U_g = mgy$

* Energy is a scalar quantity!

* Kinetic Energy depends on speed $|\vec{v}|$, not \vec{v} .

* K can never be negative. $K \geq 0$.

Unit of K $\rightarrow [K] = \text{kg} \left(\frac{\text{m}}{\text{s}}\right)^2 = \text{Joule}$

Conservation of Energy:

$$K_f + U_{gf} = K_i + U_{gi}$$

Important: The value of U_g depends on the choice of origin. It is not U_g but $\Delta U_g = U_{gf} - U_{gi}$ that is physically meaningful.

Just recall how we got $U_g = mgy$

$$-mg \int_{y_i}^{y_f} dy = -mg(y_f - y_i) \equiv \Delta U_g$$

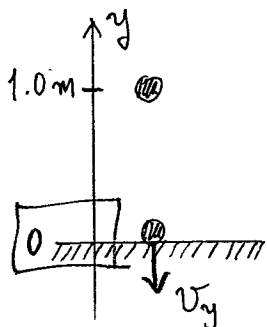
* We called $-mgy \equiv U_g$

* We might have called $-mgy + C \equiv U_g$ and retain definition of ΔU_g .

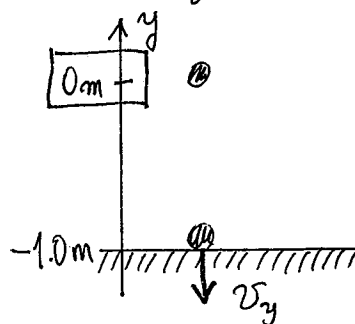
EXAMPLE

A rock is dropped from 1.0 m above the ground. If $m = 1.0 \text{ kg}$, what is its speed when it hits the ground?

Choice of origin #1



Choice of origin #2



#1

$$K_i + U_{gi} = K_f + U_{gf}$$

$$1.0 \text{ kg} (9.80 \frac{\text{m}}{\text{s}^2}) 1.0 \text{ m} = \frac{1}{2} (1.0 \text{ kg}) v_y^2$$

$$v_y = 4.4 \text{ m/s}$$

#2

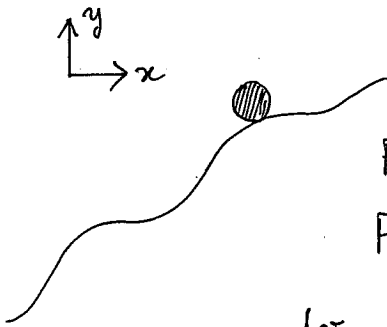
$$K_i + U_{gi} = K_f + U_{gf}$$

$$0 = \frac{1}{2} (1.0 \text{ kg}) v_f^2 + 1.0 \text{ kg} (9.80 \frac{\text{m}}{\text{s}^2}) (-1.0 \text{ m})$$

$$1.0 \text{ kg} (9.80 \frac{\text{m}}{\text{s}^2}) 1.0 \text{ m} = \frac{1}{2} (1.0 \text{ kg}) v_f^2$$

$$v_y = 4.4 \text{ m/s}$$

10.3 A Closer Look at Gravitational Potential Energy



Write Newton's 2nd Law for x and y directions

$$F_{\text{net},x} = F_x = \frac{dp_x}{dt} = m \frac{dv_x}{dt} = m \frac{dv_x}{dx} \frac{dx}{dt}$$

$$F_{\text{net},y} = F_y = \frac{dp_y}{dt} = m \frac{dv_y}{dt} = m \frac{dv_y}{dy} \frac{dy}{dt}$$

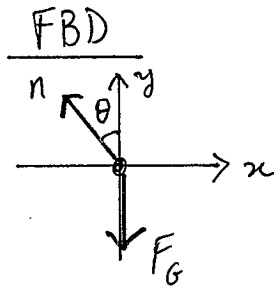
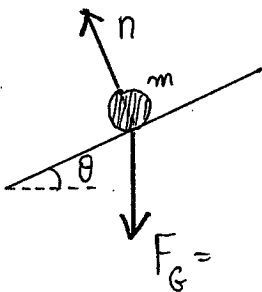
$$F_x = m v_x \frac{dv_x}{dx} \rightarrow \int_{x_i}^{x_f} F_x dx = \int_{v_{xi}}^{v_{xf}} m v_x dv_x$$

$$F_y = m v_y \frac{dv_y}{dy} \rightarrow \int_{y_i}^{y_f} F_y dy = \int_{v_{yi}}^{v_{yf}} m v_y dv_y$$

Which gives, upon adding two equations side by side,

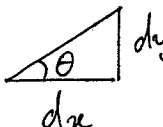
$$\int_{x_i}^{x_f} F_x dx + \int_{y_i}^{y_f} F_y dy = \frac{1}{2} m (v_{xf}^2 - v_{xi}^2) + \frac{1}{2} m (v_{yf}^2 - v_{yi}^2)$$

To evaluate left hand side, draw the FBD for object on an infinitesimally small segment on the surface



$$F_x = -n \sin \theta$$

$$F_y = n \cos \theta - mg$$

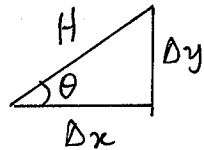
Also 

The equation then becomes,

$$-m \sin \theta \int_{x_i}^{x_f} dx + (n \cos \theta - mg) \int_{y_i}^{y_f} dy = \frac{1}{2} m (\underbrace{v_{xf}^2 + v_{yf}^2}_{= v_f^2}) + \frac{m}{2} (\underbrace{v_{xi}^2 + v_{yi}^2}_{= v_i^2})$$

$$-m \sin \theta \Delta x + n \cos \theta \Delta y - mg \Delta y = \frac{1}{2} m v_i^2 - \frac{1}{2} m v_f^2$$

$$n (\underbrace{\cos \theta \Delta y - \sin \theta \Delta x}_{= 0}) - mg \Delta y = \frac{1}{2} m v_i^2 - \frac{1}{2} m v_f^2$$



$$\left. \begin{aligned} \cos \theta \Delta y &= \frac{\Delta x}{H} \Delta y \\ \sin \theta \Delta x &= \frac{\Delta y}{H} \Delta x \end{aligned} \right\} \text{identical!}$$

$$\frac{1}{2} m v_i^2 + mg y_i = \frac{1}{2} m v_f^2 + mg y_f$$

Conservation of Energy

Definition: Mechanical Energy: $E_{\text{mech}} = K + U$

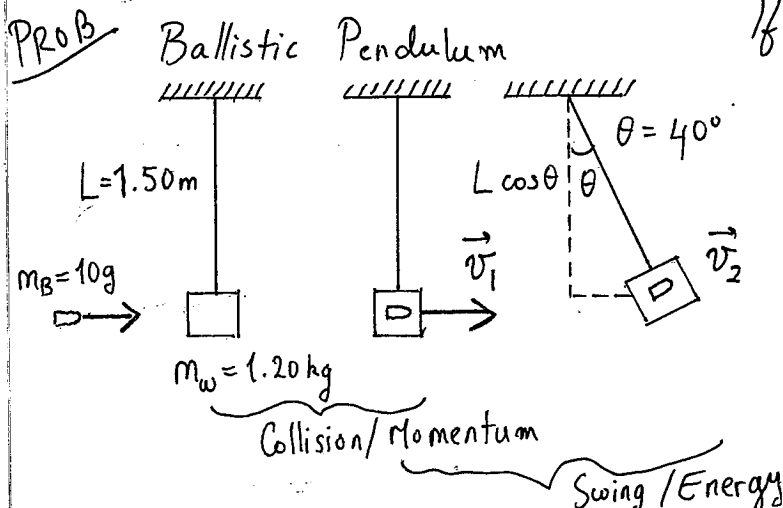
* Mechanical Energy is Conserved: $\Delta E_{\text{mech}} = \Delta K + \Delta U = 0$

* Note that $\Delta K \neq \Delta U$.

* Consider a box sliding on the floor to a halt. $\Delta E_{\text{mech}} \neq 0$.

There are cases in which Mechanical Energy E_{mech} is not conserved.

* Kinetic Energy and Potential Energy can be transformed into one another.



If θ is 40° , what was the initial speed of the bullet?

Collision/Momentum Stage

Momentum is Conserved: $P_i = P_f$

$$m_B (v_{xi})_B + m_w (v_{xi})_w = (m_B + m_w) (v_{xf})_{B+w}$$

$$(v_{xi})_B = \frac{m_B + m_w}{m_B} (v_{xf})_{B+w}$$

From conservation of momentum

Swing Stage

Mechanical Energy is Conserved: $K_i + U_{gi} = K_f + U_{gf}$

$$\frac{1}{2} (m_B + m_w) v_1^2 + (m_B + m_w) g y_1 = \frac{1}{2} (m_B + m_w) v_2^2 + (m_B + m_w) g y_2$$

where $v_1 = (v_{xf})_{B+w}$

$$\frac{1}{2} v_1^2 = g y_2 \rightarrow v_1 = \sqrt{2 g y_2} = (v_{xf})_{B+w}$$

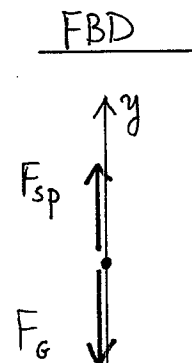
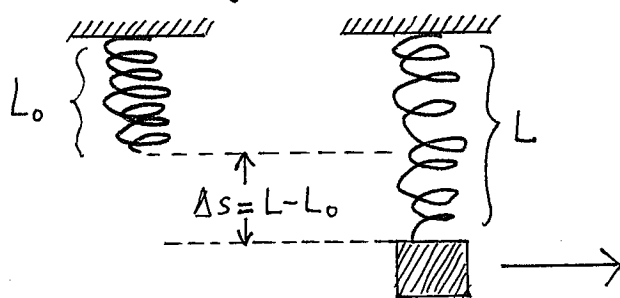
Also, $y_2 = L - L \cos \theta = L(1 - \cos \theta)$

Substituting in $(v_{xi})_B$ gives,

$$(v_{xi})_B = \frac{m_B + m_w}{m_B} \sqrt{2 g L (1 - \cos \theta)}$$

$$(v_{xi})_B = 320 \text{ m/s}$$

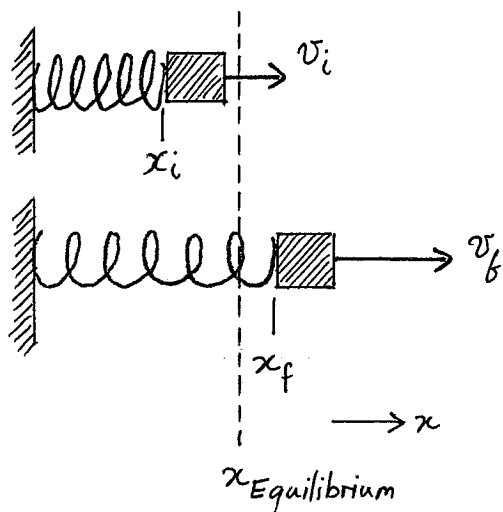
10.4 Restoring Forces and Hooke's Law



Restoring Force
 $(F_{sp})_s = -k \Delta s$
(Hooke's Law)

* The sign of F_{sp} is always opposite to that of Δs .

10.5 Elastic Potential Energy



$$F_{net,x} = \frac{dp_x}{dt} = m \frac{dv_x}{dt} \quad \text{Newton's 2nd Law}$$

$$\text{Hooke's Law: } F_{net,x} = -k \Delta x$$

Δx is displacement from equilibrium position of the spring.

$$\Delta x = x - x_E$$

$$F_{net,x} = -k(x - x_E)$$

Newton's 2nd Law:

$$m \frac{dv_x}{dt} = -k(x - x_E)$$

$$m \frac{dv_x}{dx} \frac{dx}{dt} = -k(x - x_E)$$

$\underbrace{\hspace{1cm}}_{= v_x}$

$$m v_x \frac{dv_x}{dx} = -k(x - x_E)$$

$$m v_x dv_x = -k(x - x_E) dx$$

Integrate both sides as usual to get:

$$m \int_{v_{xi}}^{v_{xf}} v_x dv_x = -k \int_{x_i}^{x_f} (x - x_E) dx$$

$$\frac{1}{2} m (v_{xf}^2 - v_{xi}^2) = -k \left[\frac{1}{2} (x_f^2 - x_i^2) - x_E (x_f - x_i) \right]$$

$$= -\frac{k}{2} \left[x_f^2 - x_i^2 - 2x_E x_f + 2x_E x_i + x_E^2 - x_E^2 \right]$$

* Alternatively, we might have made the change of variables $u = x - x_E$ to carry out the integration

$$\frac{1}{2} m (v_{xf}^2 - v_{xi}^2) = -\frac{1}{2} k \left[\underbrace{(x_f - x_E)^2}_{=\Delta x_f} - \underbrace{(x_i - x_E)^2}_{=\Delta x_i} \right]$$

$$\boxed{\frac{1}{2} m v_{xf}^2 + \frac{1}{2} k \Delta x_f^2 = \frac{1}{2} m v_{xi}^2 + \frac{1}{2} k \Delta x_i^2}$$

Note that the conserved quantity is $\boxed{\frac{1}{2} m v^2 + \frac{1}{2} k (\Delta x)^2}$

Define: Elastic Potential Energy: $U_s = \frac{1}{2} k (\Delta x)^2$

Conservation of Energy: $\boxed{K_i + U_{si} = K_f + U_{sf}}$

* For a system that has both elastic and gravitational potential energy: $E_{mech} = K + U_g + U_s$

10.6 Elastic Collisions

* A collision in which mechanical energy is conserved is called a perfectly elastic collision.

Before $\begin{array}{c} 1 (v_{xi})_1 \\ \bullet \rightarrow \end{array} \quad \begin{array}{c} 2 \\ \bullet \end{array} \quad \rightarrow \quad K_i$

After $\begin{array}{c} 1 \\ \bullet \rightarrow \\ (v_{xf})_1 \end{array} \quad \begin{array}{c} 2 \\ \bullet \rightarrow \\ (v_{xf})_2 \end{array} \quad \rightarrow \quad K_f = K_i$

* Conservation of momentum \rightarrow obeyed in any collision.

* Conservation of energy \rightarrow because the collision is elastic.

1) Conservation of momentum: $P_{xi} = P_{xf}$

$$m_1 (v_{xi})_1 = m_1 (v_{xf})_1 + m_2 (v_{xf})_2$$

2) Conservation of energy: $K_i = K_f$

$$\frac{1}{2} m_1 (v_{xi})_1^2 = \frac{1}{2} m_1 (v_{xf})_1^2 + \frac{1}{2} m_2 (v_{xf})_2^2$$

Solving for $(v_{xf})_1$ from Eq. (1)

$$(v_{xf})_1 = (v_{xi})_1 - \frac{m_2}{m_1} (v_{xf})_2$$

Substituting this in Eq. (2)

$$\begin{aligned} \frac{1}{2} m_1 (v_{xi})_1^2 &= \frac{1}{2} m_1 \left[(v_{xi})_1 - \frac{m_2}{m_1} (v_{xf})_2 \right]^2 + \frac{1}{2} m_2 (v_{xf})_2^2 \\ &= \frac{1}{2} m_1 \left[(v_{xi})_1^2 - 2 \frac{m_2}{m_1} (v_{xi})_1 (v_{xf})_2 + \left(\frac{m_2}{m_1} \right)^2 (v_{xf})_2^2 \right] \\ &\quad + \frac{1}{2} m_2 (v_{xf})_2^2 \end{aligned}$$

Divide both sides by (m_2/m_1) ,

$$0 = \frac{1}{2} m_1 \left[-2 (v_{xi})_1 (v_{xf})_2 + \frac{m_2}{m_1} (v_{xf})_2^2 \right] + \frac{1}{2} m_1 (v_{xf})_2^2$$

$$0 = \frac{1}{2} m_1 \left[-2 (v_{xi})_1 (v_{xf})_2 + \left(1 + \frac{m_2}{m_1} \right) (v_{xf})_2^2 \right]$$

$$0 = (v_{xf})_2 \left[\left(1 + \frac{m_2}{m_1} \right) (v_{xf})_2 - 2 (v_{xi})_1 \right]$$

Solutions are $(v_{xf})_2 = 0$ (not interesting) and

$$(v_{xf})_2 = \frac{2 (v_{xi})_1}{1 + \frac{m_2}{m_1}} = \frac{2 m_1}{m_1 + m_2} (v_{xi})_1$$

This expression for $(v_{xf})_2$ can be substituted in Eq. (1)

$$(v_{xf})_1 = (v_{xi})_1 - \frac{m_2}{m_1} \frac{2m_1}{m_1 + m_2} (v_{xi})_1$$

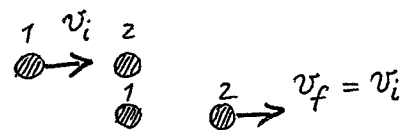
$$(v_{xf})_1 = \frac{m_1 - m_2}{m_1 + m_2} (v_{xi})_1$$

$$(v_{xf})_2 = \frac{2m_1}{m_1 + m_2} (v_{xi})_1$$

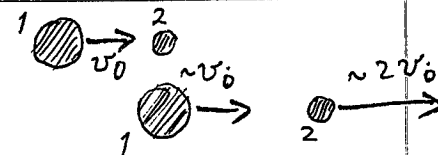
Collision in which ball #2 was initially at rest.

Consider three distinct cases:

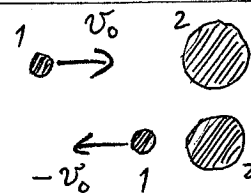
1) $m_1 = m_2 \rightarrow \begin{cases} (v_{xf})_1 = 0 \\ (v_{xf})_2 = (v_{xi})_1 \end{cases}$



2) $m_1 \gg m_2 \rightarrow \begin{cases} (v_{xf})_1 \approx (v_{xi})_1 \\ (v_{xf})_2 \approx 2(v_{xi})_1 \end{cases}$

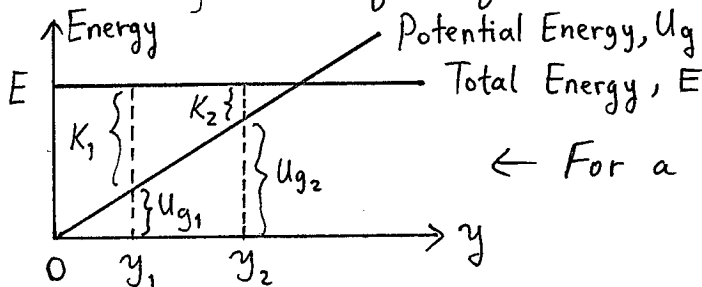


3) $m_1 \ll m_2 \rightarrow \begin{cases} (v_{xf})_1 = -(v_{xi})_1 \\ (v_{xf})_2 \approx 0 \end{cases}$



10.7 Energy Diagrams

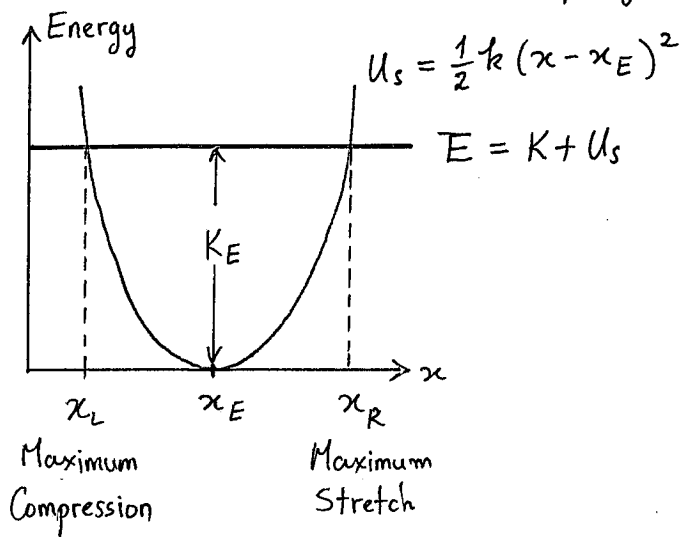
* For an object in a free fall



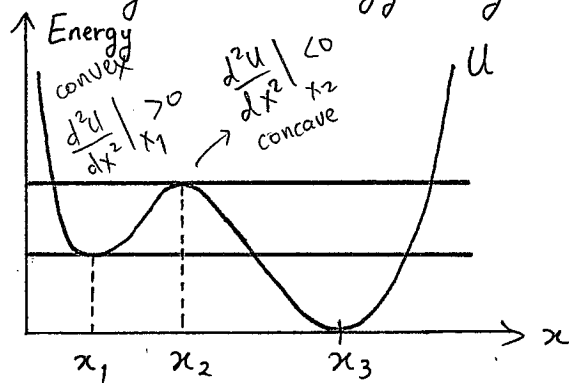
$$E = K + U_g$$

← For a ball tossed upward.

* For a mass on a horizontal spring:



* A more general Energy Diagram

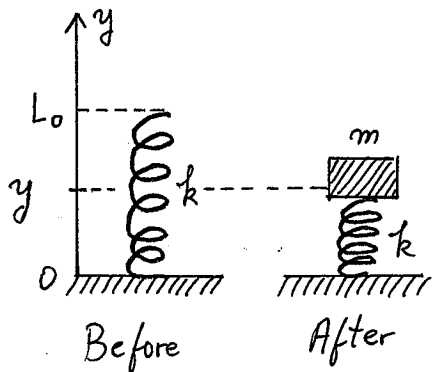


x_1 and $x_3 \rightarrow$ Stable Equilibrium

$x_2 \rightarrow$ Unstable Equilibrium

The equilibrium point is where the potential is extremum.
(min or max)

PROB



What is the length of the compressed spring?

The total Potential Energy is

$$U_{TOT} = U_g + U_s$$

$$U_{TOT} = mgy + \frac{1}{2} k (y - L_0)^2$$

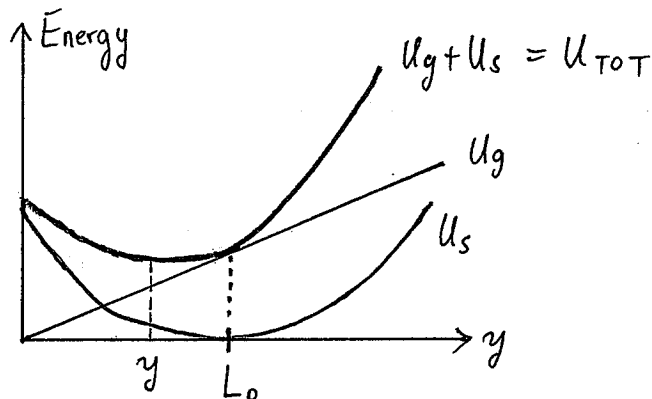
The equilibrium position is where U_{TOT} is minimum.

$$\frac{dU_{TOT}}{dy} = 0 \quad \text{gives } y \text{ at which } U_{TOT} \text{ is minimum.}$$

$$\frac{dU_{TOT}}{dy} = \frac{d}{dy} \left(mgy + \frac{1}{2} k (y-L_0)^2 \right) = 0$$

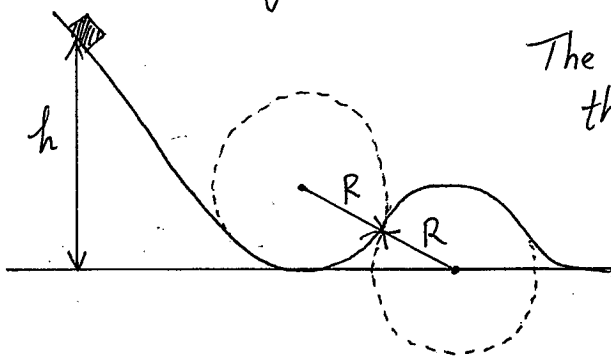
$$mg + \frac{1}{2} k 2 (y-L_0) = 0$$

$$y = L_0 - \frac{mg}{k}$$



PROB 53

What is the maximum height h_{max} for the car to go over the hill w/o flying off?



The maximum speed for going over the hill safely is:

$$\sum F_r = mg - n = m \frac{v^2}{R}$$

The car stops executing circular motion and flies off when $n=0$.

$$mg = m \frac{v^2}{R} \rightarrow v_{max} = \sqrt{gR}$$

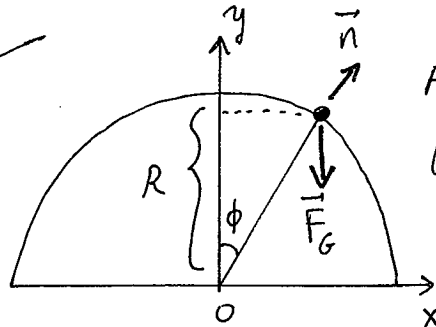
From conservation of energy:

$$\frac{1}{2} m v_0^2 + mg h_{max} = \frac{1}{2} m v_{max}^2 + mg R$$

$$gh_{\max} = \frac{v_{\max}^2}{2} + gR$$

$$h_{\max} = \frac{gR}{2g} + R = \boxed{\frac{3}{2}R}$$

PROB 76



A sled starts from the top of a frictionless, hemispherical snow-covered hill seen on the left.

- $v(\phi) = ?$
- Maximum speed the sled can have without sliding off.
- At what angle does the sled fly-off?

a) From conservation of energy:

$$K_i + U_{g_i} = K_f + U_{g_f}$$

$$\frac{1}{2} m v_i^2 + m g y_i = \frac{1}{2} m v_f^2 + m g y_f$$

$$0 + m g R = \frac{1}{2} m v^2 + m g R \cos \phi$$

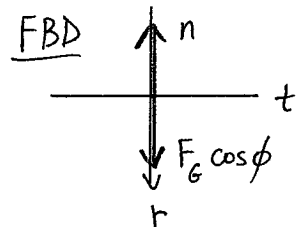
$$2 g R (1 - \cos \phi) = v^2$$

$$v = \sqrt{2 g R (1 - \cos \phi)}$$

b) Use Newton's 2nd Law

$$(F_{\text{net}})_r = F_G \cos \phi - n = m \frac{v^2}{R} = m a_r$$

$$m g \cos \phi - m \frac{v^2}{R} = n$$



The maximum speed before flying off is when $n = 0$,

$$m g \cos \phi = m \frac{v_{\text{max}}^2}{R}$$

$$v_{\text{max}} = \sqrt{g R \cos \phi}$$

c) The sled flies off at ϕ_{max} when $v = v_{\text{max}}$,

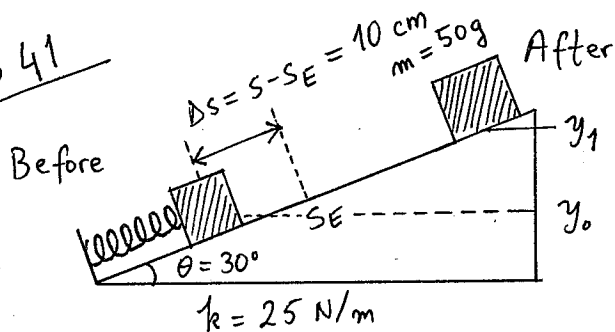
$$v_{\text{max}} = \sqrt{2 g R (1 - \cos \phi_{\text{max}})}$$

$$\sqrt{gR \cos \phi_{\max}} = \sqrt{2gR (1 - \cos \phi_{\max})}$$

$$\cos \phi_{\max} = 2 - 2 \cos \phi_{\max}$$

$$\cos \phi_{\max} = \frac{2}{3} \rightarrow \boxed{\phi_{\max} = 48^\circ}$$

PROB 41



What distance along the incline does the box travel?

The total mechanical energy is conserved.

$$E_{\text{mech}} = K + U_g + U_s$$

$$K_i + (U_g)_i + (U_s)_i = K_f + (U_g)_f + (U_s)_f$$

$$\frac{1}{2} m v_0^2 + m g y_0 + \frac{1}{2} k (\Delta s)_0^2 = \frac{1}{2} m v_1^2 + m g y_1 + \frac{1}{2} k (\Delta s)_1^2$$

Note that, $v_0 = 0 \frac{\text{m}}{\text{s}}$, $y_0 = 0.0 \text{ m}$, $v_1 = 0.0 \frac{\text{m}}{\text{s}}$, hence

$$\frac{1}{2} k (\Delta s)^2 = m g y_2$$

$$\frac{1}{2} 25 \frac{\text{N}}{\text{m}} (0.1 \text{ m})^2 = (0.05 \text{ kg}) (9.80 \frac{\text{m}}{\text{s}^2}) y_2$$

$$y_2 = 0.25 \text{ m}$$

Note that we didn't need to know K .